**EDUCATION**

**Saint Francis University, Loretto, Pennsylvania**

Master of Medical Science, 09/2013

**Red Rocks Community College Physician Assistant Program, Denver, Colorado**

Certificate of Physician Assistant Studies, 09/2013

**Boston University School of Medicine, Boston, Massachusetts**

Master of Arts in Medical Science, 05/2010

**University of Colorado, Denver, Colorado**

Bachelor of Science in Biology, 09/2002; Minor in Psychology

*Accomplishments:* Cum Laude, Dean’s List

**LICENSES AND CERTIFICATIONS**

Certified by the National Commission on Certification of Physician Assistants, #1112377, since 09/2013

Licensed by the Colorado Board of Medical Examiners, License #PA.0003833, since 10/2013

Drug Enforcement Administration License, License #MR3067217, since 11/2013, expires 04/2025

Basic Life Support, Since 05/2012, expires 03/2026

Advanced Cardiac Life Support, since 05/2012, expires 03/2026

Pediatric Advanced Life Support, since 05/2012, expires 03/2026

Centers for Medicare and Medicaid National Provider Identification, NPI #1689003014

**APPLICABLE SKILLS**

* Provided healthcare services for 20 – 30 infant to geriatric patients daily for the past eight years in acute care setting
* Over 1800 unique patient contacts during clinical rotations
* Electronic medical record charting and computerized physician order entry system experience with Athena, Allscripts, Epic, and Meditech
* Ability to focus on care of whole person, including in-depth understanding of preventative medicine and screening procedures, physical therapy, complementary and alternative medical treatments, psychiatric and behavioral medicine, nutrition and exercise, and pharmaceutical and medical treatment options
* Experienced management of chronic medical conditions including but not limited to spine disorders, neurological conditions, orthopedic conditions, chronic pain, diabetes mellitus, thyroid dysfunction, hyperlipidemia, hypertension, COPD, obesity, heart failure, liver disease, autoimmune disorders, chemical dependency and addiction, cancer, arthritis, stroke, chronic kidney disease, cardiac arrhythmias, dementia
* Ability to assess, diagnose, and treat common acute and chronic medical conditions including but not limited to orthopedic injuries, infectious diseases and conditions, allergies, asthma, acute allergic reactions, ENT, gastrointestinal, dermatologic, neurologic, psychiatric, ophthalmologic, orthopedic, and cardiopulmonary conditions
* Commitment to continuing education and lifelong learning through reading of medical publications, meeting continuing medical education requirements, attendance of medical conferences, and communication with medical colleagues
* Skills acquired through employment and clinical rotation experience includes:
  + ***Physical exam***: prescription writing, neurological examinations, joint injections, ordering appropriate labs and diagnostic imaging, sports and employment physicals, injections and immunizations, cryotherapy, finger stick blood glucose, aseptic and isolation techniques, culture collection, initiation of intravenous infusions, testicular exams, hemoccult, rectal and prostate exams, fluorescein stain and Wood’s lamp eye exam, slit lamp, biopsy, I&D, arthrocentesis, bedside ultrasound, fetal and venous doppler
  + ***Emergency medicine***: EKG interpretation, ultrasound, diagnostic imaging and interpretation, application of splints and casts, behavioral health consultations, suturing and laceration repair, nail removal, nebulizer treatment, codes, hospital admission and discharge orders, wound care, intubation, digital block, dislocated joint management, coordination of patient care
  + ***Geriatric:*** chronic disease management, identification and management of psychological and social aspects of care, assessment of functional capacity of patient based on ADLs, identification of situations where standard diagnosis and treatment recommendations should be modified, knowledge of medications that should be avoided or used with caution in geriatric population, differentiation between different types of urinary incontinence, recognizing and preventing fall risk, experience administering MMSE and cognitive assessment, differentiating delirium, depression, and dementia, anticipating hazards of hospitalization of older adults, discharge planning and safe transitions of care, advanced directives, end-of life care, experience as nursing home surveyor for the State of Colorado
  + ***Pediatric***: foreign body removal from nose and eyes, cerumen removal, newborn examinations, well child checks, adolescent examinations, immunizations and injections, diagnosis and management of ADHD, experience with eating disorder management and consultation, sports physicals, effective management of childhood behavioral issues, diagnosis of concussion, management of orthopedic injuries
  + ***Surgical***: surgical drain placement and removal, NG and PEG tube placement, abscess I&D, punch biopsy, suturing, surgical stapling, surgical assisting, bladder catheterization, chest tube placement and removal, thoracentesis, paracentesis, preoperative and discharge instructions, initiation of intravenous and central lines, venipuncture, suture and staple removal, laparoscopic camera operation, wound care, assistance with colonoscopy and EGD
  + ***Women’s Health***: Pap smears, KOH prep and wet mount, diagnosis and treatment of STIs, pelvic examinations, vaginal birth, assistance in Cesarean section, ultrasound, basic obstetric care, fundal height measurement, fetal heart tone auscultation with doppler, circumcision with Mogen clamp, patient education, contraceptives initiation and surveillance, management of osteoporosis and menopause, IUD insertion and removal, Implanon insertion and removal, assistance with open and laparoscopic surgical procedures, evaluation and management of DUB and AUB

**HOSPITAL AND OTHER PROFESSIONAL APPOINTMENTS**

**University of Colorado**  **08/2024 – Current**

***Neurology Fellow***

1635 Aurora Court Anschutz Outpatient Pavilion, 4th Floor, Aurora, CO 80045

Fellowship Medical Director: Dr. Victoria Pelak, M.D.

Phone: (720) 848-2080

* Participate in didactic learning while attending clinical rotations in multiple neurological subspecialties
* Undergo education and training under guidance of attending physician to ultimately support neurology specialization and credentialing
* Attend continuing medical education, skills labs, journal clubs, and rounding events targeted toward neurology
* Perform history and physical exams, interpret and correlate clinical findings, execute diagnostic procedures, and develop differential and working diagnoses to develop appropriate treatment plans for neurology patients
* Order and interpret diagnostic procedures, imaging studies, laboratory data
* Write orders and prescriptions, evaluate and clarify clinical conditions, formulate and implement appropriate treatment/therapeutic interventions, document patient encounters on electronic medical record charting system

**Kaiser Permanente Urgent Care**

***Urgent Care Physician Assistant***  **03/2016 – 12/2023**

10240 Park Meadows Drive, Lone Tree, CO 80124

Supervisor: Cherrelyn Watts

Phone: (303) 649-5250

* Performed detailed history and physical exam; interpreted and correlated clinical findings and executed diagnostic procedures to formulate differential and working diagnoses while exercising judgment when matters required consultation
* Ordered and interpreted diagnostic procedures, imaging studies, and laboratory data
* Performed procedures for management of acute conditions including foreign body removal from tissue, eyes, and body cavities, cerumen removal with instrumentation and irrigation, epistaxis control, punch/shave biopsies, suturing/suture removal, I&D, Word catheter placement, local anesthesia, nerve/digital/hematoma/joint/dental blocks, arthrocentesis and injection (carpal tunnel, deQuervain’s, epicondylitis, shoulders, knees, hips, wrists, ankles, trigger finger), bedside ultrasound for PTA/FAST exam, fetal/venous doppler, fracture and dislocation management, rectal/prostate exams, pelvic exams/Pap, STI testing, surgical stapling, wound/burn care, nail avulsion/trephination and nail bed laceration repair, hemoccult, manual bowel disimpaction, irrigation (eye/ear/wound), Wood’s/slit lamp exam, corneal rust ring removal
* Wrote orders, evaluated and clarified clinical conditions, formulated and implemented appropriate treatment or therapeutic interventions; documented patient encounters in electronic medical record chart Epic’s HealthConnect and ASAP
* Developed rapport with patients through effective communication to encourage discussion of questions and concerns

**OnPoint Urgent Care**, Lone Tree, **Colorado 03/2015 – 05/2016**

***Urgent Care and Occupational Medicine Physician Assistant***

9695 South University Street, Suite #150, Lone Tree, CO 80124

Supervisor: Deborah Hayes

Phone: (303) 341-4411

* Performed history and physical exam; ordered and interpreted diagnostic procedures, labs, and imaging; formulated differential diagnoses, and developed appropriate treatment plans for a variety of health conditions including illnesses and injuries
* Performed procedures such as pessary placement, rectal and prostate exams, pelvic exams, Pap smears, STD testing, Bartholin’s cyst excision, Word catheter placement, bladder catheterization, I&D, suturing and suture removal, digital blocks, local anesthesia, surgical stapling, wound and burn care, nail avulsion, splinting, casting, fluorescein stain, foreign body removal, hemoccult, manual disimpaction, eye/ear and wound irrigation, injections, punch biopsies, wound culture, slit lamp exams
* Wrote orders, evaluated and clarified clinical conditions, formulated and implemented appropriate treatment or therapeutic interventions; documented patient encounters in electronic medical record chart DocuTAP

**Injury Care of Colorado – Workman's Compensation,** Brighton, CO **11/2013 – 03/2015**

***Occupational Medicine Physician Assistant***

Workman's Compensation Division

2801 Purcell Street, Brighton, CO 80601

Supervisor: Lupe Sanchez

Phone: (303) 659-3199

* Performed CDOT, CDL, firefighter, police, pre-employment, and FAA history and physical examinations
* Assessed and managed care for patients with occupational injuries and exposures
* Ordered and interpreted diagnostic imaging and laboratory tests
* Coordinated care, treatments, specialty consultations, physical and occupational therapy, and pharmaceutical interventions for workman's compensation patients
* Diagnosed and treated orthopedic, neurologic, dermatologic, ophthalmologic, and traumatic injuries

**Advanced Urgent Care – Urgent Care,** Brighton, CO  **11/2013 – 03/2015**

***Physician Assistant***

Urgent Care Division

2801 Purcell Street, Brighton, CO 80601

Supervisor: Tamara Hohn

Phone: (303) 659-9700

* Triaged, diagnosed, and treated acute injuries and illnesses
* Performed history and physical examinations on pediatrics, adolescent, adult, and geriatric patients
* Ordered and interpreted diagnostic imaging, laboratory tests, pulmonary function tests, and EKGs
* Performed urgent care procedures including suturing, casting, splinting, wound care, therapeutic injections, culturing, venipuncture, blood draws
* Prescribed appropriate pharmaceutical treatment and provided patient education and instruction

**Colorado Department of Public Health**  **07/2010 – 08/2011**

***Certified Nursing Home Surveyor***

Health Facilities and Emergency Medical Services Division

4300 Cherry Creek Drive South, Denver, CO 80246

Supervisor: Karen Stacks

Phone: (303) 692-2836

* Conducted on-site surveys and inspections of long-term care facilities to determine providers compliance with Medicare and Medicaid program participation requirements
* Inspected nursing homes in Colorado to ensure compliance with Federal and State guidelines
* Performed safety checks on medication administration and documentation, food preparation, and overall patient care
* Reviewed and audited medical records
* Wrote citations and plans of correction for nursing homes with observed violations
* Interviewed patients, families, physicians, and staff members of long term care facilities to gather information for the inspection process

**Littleton Adventist Hospital – Pharmacy**, Littleton, CO  **04/2007 – 08/2009**

***Pharmacy Technician***

Hospital Pharmacy Department

7700 South Broadway, Littleton, CO 80122

Supervisor: Robert Rosenthal

Phone: (303) 730-5822

* Received written prescriptions and clinician orders and verified for completeness and accuracy
* Communicated and assisted all hospital departments and patient care areas
* Synthesized patient specific medications in sterile hood and laboratory
* Calculated and manufactured large volume drips, epidurals, piggybacks, and PCA’s
* Performed medication dosing calculations and manufactured IV and IM medications
* Completed troubleshooting and stocking of Pyxis automatic medication dosing machine

**Littleton Adventist Hospital**  **02/2007 – 08/2009**

***Perioperative Assistant***

Obstetrics and Gynecology Surgical Services Department

7700 South Broadway, Littleton, CO 80122

Supervisor: Lauri Colbert

Phone: (303) 730-5842

* Managed patient care throughout preoperative, surgical, and postoperative period
* Scrubbed in for surgical cases
* Performed patient interviews and hard copy and electronic Meditech charting
* Executed catheter placement and wound care
* Assisted 35+ surgeons, nurses, anesthesiologists, and medical staff
* Conducted biochemical Steris tests, sterile preparation of surgical suite, and autoclave of surgical instruments
* Purchased equipment and operating room supplies

**Boulder Community Hospital**  **06/2003 – 02/2005**

***Perioperative Assistant/Surgical Materials Management Coordinator***

Surgical Services Division – Main Operating Room

1100 Balsam Avenue, Boulder, CO 80304

Supervisor: Dan Martin

Phone: (303) 440-2273

* Performed patient care throughout preoperative, surgical, and postoperative period
* Assisted 100+ surgeons, anesthesiologists, nurses, and other medical staff in operating room
* Shaved and performed sterile preparation of surgical site
* Implemented sterile preparation and setup of surgical instruments, supplies, and operating suite
* Coordinated operating room schedule for surgical procedures
* Ordered products, equipment, and supplies

**Colorado Department of Public Health 05/2001 – 08/2001**

***Microbiology Laboratory Technician****, summer internship*

Laboratory and Radiation Services Division

8100 Lowry Boulevard, Denver, CO 80230

Supervisor: Dr. James Beebe

Phone: (303) 692-3484

* Executed Gram stain, bacterial colony separation, and standard optical microscopy identification of bacteria
* Plated and cultured biological samples
* Prepared microbiological slides, tests, and stains
* Performed ova, parasite, and culture of stool samples
* Completed, documented, and reported patient test results to clinicians and patients
* Involved with general maintenance of laboratory and quality assurance

**Colorado Department of Public Health**  **05/2000 – 08/2000**

***Serology Laboratory Technician****, summer internship*

Laboratory and Radiation Services Division

8100 Lowry Boulevard, Denver, CO 80230

Supervisor: Larry Briggs

Phone: (303) 692-3484

* Completed HIV, syphilis, rabies, Hanta virus, and hepatitis tests using Western blot, ELISA, and PCR techniques
* Executed complete blood counts with differential and hematocrit on serological samples
* In charge of patient's serological sample from check-in to report writing
* Performed proper and sterile handling of hazardous materials
* Reported confidential patient results with respect to patient privacy and adherence to state guidelines

**Porter Adventist Hospital 05/1999 – 01/2000**

***Perioperative Assistant****, summer and winter internship*

Surgical Services Division – Main Operating Room

2525 South Downing Street, Englewood, CO 80210

Supervisor: Jamie Matson

Phone: (303) 778-1955

* Assisted 50+ surgeons, anesthesiologists, nurses, and hospital staff in operating room
* Checked surgical equipment and crash cart to ensure safety compliance with hospital and AMA guidelines
* Handled and delivered patient specimens, blood, organs, and medications
* Performed sterile set up of the operating room, including surgical equipment and instruments

**PROFESSIONAL AFFILIATIONS**

American Academy of Physician Assistants (AAPA) – since 08/2011

Colorado Academy of Physician Assistants (CAPA) – since 08/2011

National Commission on Certification of Physician Assistants (NCCPA) – since 08/2013

**PROFESSIONAL REFERENCES**

**Krissy Koenig, PA-C**

Kaiser Permanente, Physician Assistant

10240 Park Meadows Drive

Lone Tree, CO 80124

(303) 449-5252 (cell)

[Krissy\_koenig@yahoo.com](mailto:Krissy_koenig@yahoo.com)

**Remington Ayers, PA-C**

Kaiser Permanente, Physician Assistant

10240 Park Meadows Drive

Lone Tree, CO 80124

(303) 649-5250 (work)

(720) 425-2502 (cell)

[RW.Ayers@gmail.com](mailto:RW.Ayers@gmail.com)

**Dr.** **Brad Baldwin, D.O.**

Surgical Associates of Western Colorado

Surgeon

3150 North 12th Street

Grand Junction, CO 81506

(970) 243-9340 (work)

(970) 250-5375 (cell)

**Dr. Heidi Clune, M.D.**

Kaiser Permanente, Physician

10240 Park Meadows Drive

Lone Tree, CO 80124

(303) 649-5250 (work)

(303) 525-1201 (cell)

[HClune@gmail.com](mailto:HClune@gmail.com)

**Renea Watts, B.S.N.**

Kaiser Permanente, Urgent Care Manager

10240 Park Meadows Drive

Lone Tree, CO 80124

(303) 649-5250 (work)

[Renea.watts@kp.org](mailto:Renea.watts@kp.org)

**Sarah Hatak, PA-C**

Kaiser Permanente, Physician Assistant

10240 Park Meadows Drive

Lone Tree, CO 80124

(303) 649-5250 (work)

(303) 358-6485 (cell)

[sarahhatak@gmail.com](mailto:sarahhatak@gmail.com)

**Dr. Juan Acosta, M.D.**

Swedish Medical Center, Physician

401 East Hampden Avenue

Englewood, CO 80113

(303) 788-5000 (work)

(720) 237-1846 (cell)

[juanmdbike@gmail.com](mailto:juanmdbike@gmail.com)

**Dr. Micky Blieden, M.D.**

Kaiser Permanente, Physician

10240 Park Meadows Drive

Lone Tree, CO 80124

(303) 649-5250 (work)

(303) 642-6564 (cell)

[Michael.a.blieden@kp.org](mailto:Michael.a.blieden@kp.org)

**PHYSICIAN ASSISTANT CLINICAL ROTATIONS**

June 2012 – September 2013

***Behavioral Medicine (4 weeks)***

Community Hospital

Grand Junction, CO

Dr. Lloyd Davis, ThD

***Emergency Medicine (4 weeks)***

Prowers Medical Center

Lamar, CO

Dr. Karen Chase, M.D.

***Family Medicine I (4 weeks)***

Salud Family Health Center

Longmont, CO

Rhina Rodriguez, PA-C

***Family Medicine II (4 weeks)***

Wray Community District Hospital

Wray, CO

Sue Krautkramer, PA-C

***Gastroenterology (4 weeks)***

Associates in Gastroenterology

Colorado Springs, CO

Michelle Barnett, PA-C

***Geriatrics (4 weeks)***

Colorado Geriatric Care

Denver, CO

Dr. Chris Horton, M.D.

***Internal Medicine I (5 weeks)***

Adams County Jail

Brighton, CO

Dr. Ivor Garlick, M.D.

***Internal Medicine II (4 weeks)***

Swedish Medical Center

Englewood, CO

Dr. Juan Acosta, M.D.

***Pediatrics (4 weeks)***

Peakview Medical Center

Greeley, CO

Tom Deen, PA-C

***Surgery (5 weeks)***

Surgical Associates of Western Colorado

Grand Junction, CO

Dr. Bradley Baldwin, D.O.

***Trauma Surgery (5 weeks)***

Swedish Medical Center

Englewood, CO

Dr. Denetta Slone, M.D.

***Women’s Health (5 weeks)***

South Denver Ob/Gyn

Littleton, CO

Dr. Kelly Lennon, M.D

**THESIS**

“Regenerative Medicine and Tissue Engineering with Induced Pluripotent Stem Cells” Masters’ Thesis submitted to the Department of Graduate Medical Sciences at Boston University School of Medicine, May 2010.

*First Reader*: Dr. Darryl Kotton, M.D., Associate Professor in the Department of Medicine and in the Department of Pathology and Laboratory Medicine at the Center for Regenerative Medicine at Boston University School of Medicine.

*Second Reader*: Dr. Gustavo Mostoslavsky, M.D., Ph.D., Assistant Professor in the Department of Medicine at the Center for Regenerative Medicine at Boston University School of Medicine.

“Electronic Medical Records Effect on Healthcare” Masters' Thesis submitted to the Department of Graduate Medical Sciences at Saint Francis University, August 2013.

*First Reader*: Dr. Deborah Budash, Ph.D., Master of Medical Sciences Program Director at Saint Francis University.

*Second Reader*: Dr. Antoinette Cheney, D.O., Adjunct Faculty at Saint Francis University.

“Hookworm Treatment for Autoimmune Conditions” Masters' Thesis submitted to the Department of Graduate Medical Sciences at Saint Francis University, May 2013.

*First Reader*: Dr. Deborah Budash, Ph.D., Master of Medical Sciences Program Director at Saint Francis University.

*Second Reader*: Dr. Antoinette Cheney, D.O., Adjunct Faculty at Saint Francis University.

**VOLUNTEER AND OTHER EXPERIENCES**

**Colorado Center for the Blind Volunteer**

* Volunteered at social events, white water rafting trips, teen development camp, skiing, and rock climbing trips
* Transported members to airport, home, interviews, and various appointments
* Opened and read mail to members and assisted with daily tasks

**Denver Rescue Mission Volunteer**

* Volunteered in a soup kitchen and served meals
* Sorted donations

**Habitat for Humanity Volunteer**

* Participated in various housework and construction projects

**St. Timothy’s Teen Center Volunteer**

* Volunteered at social events and concerts at teen center
* Counseled teens on peer pressure, getting out of abusive relationships, staying sober, and suicide prevention

**Foreign Travel**

* Studied abroad in Italy for 6 months
* Worked as Au pair for 3 different families in Italy, France, and Spain
* Backpacked for one year through 22 countries in Eastern and Western Europe

**HOBBIES AND INTERESTS**

* **Legos**
  + Building complex buildings, landscapes, and florals
  + City planning and development
  + Lighting
* **Photography**
  + SLR and Digital
  + Black and White Photography
  + Travel, landscape, and human interest photography
  + Darkroom photography development
* **Doll House and Furniture Construction**
  + Stores
  + Homes
  + Room Boxes
  + Accessories
  + Electrical wiring/lighting
* **Travel**
  + Canada – B.C., Nova Scotia, Manitoba, Alberta, Quebec, Ontario
  + Eastern Europe – Hungary, Romania, Czech Republic, Turkey, Austria
  + Western Europe – England, Scotland, France, Holland, Germany, Italy, Spain, Greece, Sweden, Norway, Finland, Netherlands, Portugal, Belgium, Switzerland, Luxemburg
  + United States – Arizona, Arkansas, California, Connecticut, Georgia, Hawaii, Illinois, Indiana, Iowa, Kansas, Kentucky, Massachusetts, Michigan, Minnesota, Missouri, Montana, Nebraska, Nevada, New Hamshire, New Jersey, New York, Oklahoma, Oregon, Rhode Island, South Dakota, Tennessee, Texas, Utah, Washington D.C., Washington State, Wyoming
* **Water coloring**
  + Landscape
  + Animals
  + Florals
* **Piano**
  + Suzuki method
  + Classical training
* **Cooking and Baking**
* **Exercise**
  + Bounce/trampoline aerobics
  + Yoga
  + Pilates
  + HIIT
  + Rollerblading
  + Biking – Mountain, trail and road
  + Snowboarding and skiing